



South Point High School Athletics

Parent Information Meeting 2025-26





Expectations

As a student-athlete at South Point High School, you accept the great responsibility of representing yourself, your family, our school, and our community in a way that demonstrates the high standards and expectations we have for our school and Athletics Department.

As a Red Raider student-athlete, you are expected to be a leader, excel academically, have fun, give your best effort, respect the game, your opponents, and officials, and appreciate the privilege to play interscholastic athletics.

YOU ARE THE FACE OF OUR SCHOOL!





South Point Teams

Fall (Jul 30)

Cheerleading
Cross-Country
Football
Golf (Girls)
Soccer (Boys)
Tennis (Girls)
Volleyball

Winter (Oct 29)

Cheerleading
Basketball
Wrestling
Swim & Dive

Spring (Feb 16)

Baseball
Golf (Boys)
Soccer (Girls)
Softball
Tennis (Boys)
Track





Eligibility



Student-Athletes must:

- live in the South Point District with parents or legal custodian or be on an approved transfer (with a 365-day athletic waiver)
- be enrolled in at least three classes each semester (note - there are no Senior exceptions - students registered for three classes and drop or fail a class would not be eligible)
- pass 70% of their classes the semester prior to each season
- be at school 85% of a semester (can not miss more than 13.5 days from previous semester)
- be on grade level
- have a current physical exam (good for 395 days)
- not be 19 on or before August 31 of the current school year
- note - students are given eight consecutive semesters of eligibility upon first entering 9th grade. 9th graders have a “clean slate” for athletic eligibility for first semester only.

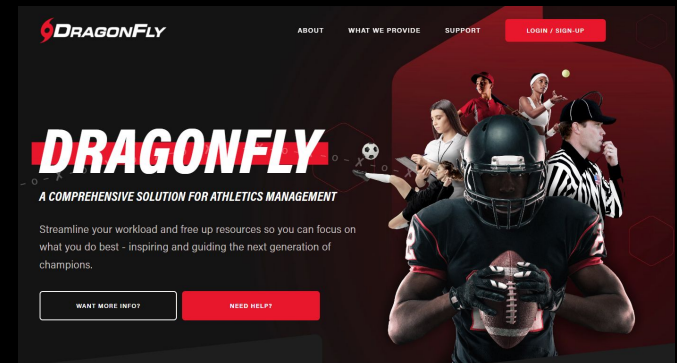


Required Forms

- Parents register first and then create a student account at DragonFly Max (if not done in middle school) at <https://www.dragonflymax.com/> to complete all paperwork digitally
- Request to be added to South Point High School (this is not automatic)
- Once approved complete/ sign all paperwork (note - all items must be in green)
- Upload current physical form and insurance information

Required Forms:

- NCHSAA PPE Health History
- NCHSAA PPE Physical Exam
- NCHSAA PPE Medical Eligibility
- NCHSAA Eligibility, Consent, & Release
- NCHSAA GW Concussion Information Sheet
- GCS Athletic Participation
- GCS Drug Testing Consent
- GCS Staph Infection
- GCS Away Athletic Event Transportation Permission
- GCS NOCSAE Helmet Standards (football only)
- SPHS Athletics Handbook (Students & Parents)
- Respective Sport Team Rules & Guidelines





NCHSAA Eligibility Video Series

*Parents please watch these videos and sign the acknowledgement in Dragonfly



NCHSAA
Eligibility



Parent
Seat
Video



Crash
Course
Concussion
Education

Crash Course Concussion Video Survey



Name, Image, Likeness (NIL)

- NIL rules established by the NC DPI and the NCHSAA (see link below)
- Student-Athletes may not use the school's name, uniforms, mascot, mark, or logo in their endorsement
- NIL does not allow the promotion/ endorsement of certain types of goods/ services (ex. alcohol, tobacco, drugs, firearms, betting, etc.)
- Student-Athletes (& their parents) must complete a course at NFHS Learn on NIL
- A copy of each proposed agreement and certification packet must be submitted to the SPHS Athletic Director, Principal, Superintendent, and School Board Chairperson before signing the agreement.



[NIL Resource LINK](#)



Athletic Trainer

- Sports Medicine services provided to GCS from Caromont Health
- ATC - Mr. Tom Chao
- Two training rooms on campus (Main Gym & Fieldhouse)
- Arrives on-campus daily about 1:30pm and treatment is first come/ first served (athletes need a note from their teacher)
- During practice/ game injuries will be assessed. If a referral is needed, Tom will talk parents/ athletes through options and potentially schedule appointments (usually within 24-48 hrs)
- Questions - please reach out to Tom at Tomas.Chao@caromonthhealth.org or 828-447-8056





Injuries

If student-athletes are injured during practice or a game, do the following:

1. Tell your coach
2. See the trainer
3. If your parent/guardian, you, and the trainer think you need to go to the doctor we can help schedule you an appointment (usually within 24-48 hrs)
4. We will fill out the proper paperwork
5. Please have constant communication with us during your injury process (this will help you return to play quicker)



Return to Play

(After Illness, Injury, or Concussion)

- Per the NCHSAA, a “Return to Play” form must be completed and signed by a Physician or the Physician’s Designee before being allowed to participate in practices, games, or matches.
- For Concussions:
 - Assessed - referral to a Doctor
 - Return to Play Protocol - this is the Law in NC (no exceptions)
 - RTP form filled out by the Doctor
 - Our trainer and first responders must complete the RTP protocol.
- Forms:
 - Illness Return to Play
 - Injury Return to Play
 - Concussion Return to Play





Student Insurance

- Student-Athletes enrolled in Gaston County Schools are provided limited general coverage while participating in interscholastic athletics.
- If you are interested in purchasing additional Accident Insurance Coverage for your Student-Athlete, you can access the website below:

HSR Insurance K12 Enrollment

The screenshot shows the HSR Insurance K12 Enrollment website. At the top, the HSR logo is on the left, and "K12 Student Insurance" is on the right. Below this, it says "2023-2024 School Year". A navigation bar contains links: "K12 Enrollment Home", "1. Browse Rates", "2. Open New Account", and "3. MyAccount Login". The main content area features a section titled "Kids will be Kids." with a photo of a child on a swing. To the left of this section, there is a list of benefits: "Choose from a variety of accident plans and options, including:", "✓ 24-hour toll-free service", "✓ Immediate enrollment", and "✓ No deductibles or co-insurance". Below this list, it says "Email us now and find out what plan your school offers." To the right of the photo, there is a text box that says "That's why we're here. In your child's interest! If your children are covered, one accident plan may be the answer to protecting your children. Designed to be affordable, online enrollment is the accident plan that suits you best." Below the main content area, there is a section for "New Visitors" and "Returning Account Holders". The "New Visitors" section lists: "1. Browse Rates", "2. Open New Account - Once you have determined that your school is covered, you'll need to open a new account to add students & coverage", and "3. Add Student(s) & Coverage on MyAccount page". The "Returning Account Holders" section lists: "1. MyAccount Login", "2. Maintain Student Data", and "3. Maintain Insurance Coverage". At the bottom, there is a footer with the HSR logo, the text "America's Leading MGU & TPA For Accident & Health Insurance", and contact information: "About Us | Privacy Statement | Claim Form", "Cancellation Request | Policy Statement | Legal Notice", "Phone: 866.409.5733", and "E-mail: CustomerService@hsr.com".



Hazing

No form of hazing or bullying will be tolerated within our Athletics Department at SPHS. Any student-athlete that is proven to be guilty of hazing will be dismissed from their respective team. The NC Hazing Law is listed below.

§ 14-35. Hazing; definition and punishment. It is unlawful for any student in attendance at any university, college, or school in this State to engage in hazing, or to aid or abet any other student in the commission of this offense. For the purposes of this section hazing is defined as follows: "to subject another student to physical injury as part of an initiation, or as a prerequisite to membership, into any organized school group, including any society, athletic team, fraternity or sorority, or other similar group." Any violation of this section shall constitute a Class 2 misdemeanor. (1913, c. 169, ss. 1, 2, 3, 4; C.S., s. 4217; 1969, c. 1224, s. 1; 1993, c. 539, s. 19; 1994, Ex. Sess., c. 24, s. 14(c); 2003-299, s. 1.)





Communication & Chain-of-Command

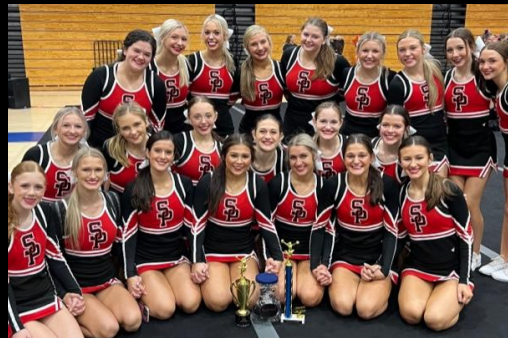
When an issue arises:

- encourage your student-athlete to talk to the Coach first (teach them to advocate for themselves)
 - if there are additional questions or concerns, please make an appointment to meet with your student-athlete's Coach
 - at this point if the issue has not been resolved, contact the SPHS Athletic Director, Kent Hyde to schedule a meeting with him and the coach
 - if these steps are followed and the issue is still not resolved, then contact the Gaston County Schools Athletic Director, Chad Duncan
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- Coaches will not debate or discuss playing time/ game strategy with a parent/ guardian. If a student-athlete is not satisfied with their playing time, they should ask the coach for a meeting to discuss what they can do to improve and earn more playing time.
 - Parents must use the “24-hour rule” when tension is high. Please email the Coach to set up a meeting the next day to discuss an issue is the rule.



Athletics Department Common Rules

- Tryouts - coaching staffs will evaluate student-athletes during a tryout period on sport specific skills as well as on attitude, effort, coachability, and teamwork.
- Daily Participation - student-athletes must be at school at least half of the school day to be able to participate in games and practices; unless the circumstance for missing school is excused by the SPHS Principal and is an approved reason for the absence.
- Quitting - a student-athlete that quits or is dismissed from a team during a season is not eligible to participate in off-season skill development workout sessions or practices for the next season, until the current team's season is completed.
- Suspension - a student-athlete that has receives an administrative suspension from school is not permitted to be on Gaston County Schools property for the duration of the suspension (this includes practices and games).





Social Media

- please think before you post!
- have you confirmed that what you want to post is true? (there are always two sides to a story)
- once posted its out there forever - colleges & future employers will find it
- does what you post reflect positively about:
 - yourself?
 - your children?
 - our school?
 - our community?





Varsity Lettering & Letter Jackets

- Letters are awarded by each Varsity team coach for the first award at their respective end of season team banquet

Team Lettering Criteria

- SPHS letter jackets and additional patches may be purchased at any time using the QR below from the Herff Jones Company



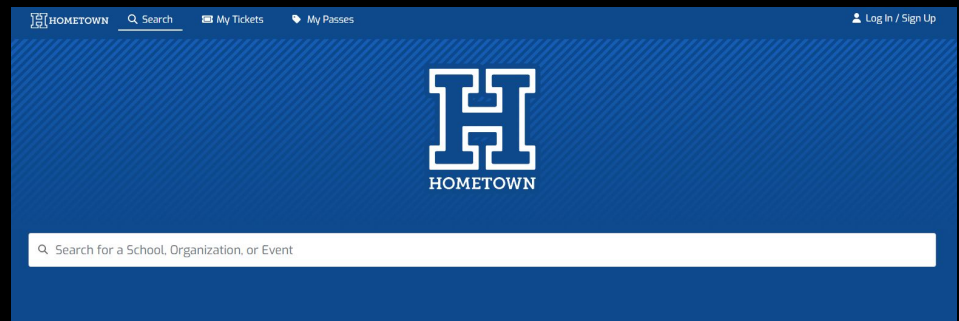


Game/ Match Admission Tickets

- Spectators will be able to purchase digital tickets via the “Hometown Ticketing” app for all home games/ matches or at the link below:

[Hometown Ticketing](#)

- Tickets sales will open the Friday prior for the following week’s games/ matches
- Cash sales/ paper tickets will also be available at the event gates
- SPHS does not accept the Senior Tarheel card for regular season events
- All Season Passes for all home regular season events (excludes scrimmages, conference tournaments, and NCHSAA playoffs) are also available for sale on Hometown Ticketing at the prices below:
 - Individual Pass - \$100
 - Family of Four Pass - \$350





Athletic Event Admission Procedures

- Security screening at all events
- No bags, pets, or outside food & beverages allowed
- No re-entry
- Spectator Code of Conduct will be followed (non-compliance will result in removal from the event with no refund)

SOUTH POINT HIGH SCHOOL CARRY-IN POLICY

PERMITTED



PROHIBITED



ALL CARRIED ITEMS ARE SUBJECT TO SEARCH. ALL PROHIBITED ITEMS WILL BE DENIED AT THE GATES. ALL TANGIBLE ITEMS MUST BE RETURNED TO THE OWNER'S VEHICLE OR DISCARDED. STROLLERS ARE PERMITTED IN THIS FACILITY, BUT MUST BE CHECKED PRIOR TO ENTRANCE. SOUTH POINT HIGH SCHOOL IS NOT RESPONSIBLE FOR PROPERTY DAMAGE AND/OR LOST/STOLEN ARTICLES.

FAN CODE OF CONDUCT

South Point High School is committed to creating a safe, comfortable and enjoyable environment for all fans attending athletic events throughout the year. As a student and fan of South Point High School, you are responsible for your conduct as well as the conduct of your guests and/or persons with whom you have attended events. All SPHS Red Raiders are expected to uphold the highest standards in sportsmanship.

The following expectations have been established regarding fan conduct:

- Fans will be treated in a consistent, professional and courteous manner by all South Point HS staff and team personnel.
- Our fans' experiences will not be disrupted by unruly actions or behaviors of others. Fans should report any inappropriate behavior to the nearest staff member or security guard.
- Fans will enjoy the sporting experience free from abusive language or obscene gestures.
- Fans appearing intoxicated will be denied entry or will be subject to ejection from all South Point HS Athletic events. Intervention with an intoxicated or impaired fan will be handled in a prompt and safe manner.
- Fans may not go onto the playing area (field, court, etc.) or throw any items onto the playing area. Violation will result in immediate ejection and/or arrest and prosecution.
- Fans will be courteous to visiting teams and guests. We cheer for the Raiders, not against our opponents.
- Fans are allowed to display posters, banners and flags but South Point HS reserves the right to remove any aforementioned item if it is deemed vulgar or inappropriate.
- Fans will be courteous to South Point's neighbors upon entering and leaving all athletic events.
- South Point HS is a tobacco, Vape, and smoke-free campus, please do not use these products while attending any sporting event.
- Fans will adhere to these expectations when they travel to other schools to support South Point HS Athletic events.

During Raider Athletic Events, South Point High School Prohibits:

- Tobacco products
- Drugs and Alcohol
- Weapons of any kind
- Large Bags/Backpacks
- Laser pointers
- Pets of any kind (excludes specifically trained service animals)
- Outside food or beverage (excludes reserved parking tailgate area)

All persons entering the facility are subject to search. No Re-Entry If your conduct endangers or disrupts the players, coaches, officials or other persons, South Point HS reserves the right to remove you from the premises without a refund and with a potential loss of ticket privileges for future games. Additionally, the South Point HS Fan Code of Conduct applies at all athletic events, including those which take place at other institutions. South Point HS students who are in violation of this Fan Code of Conduct may be referred to school administration for follow-up and possible disciplinary action.



Media Credentials

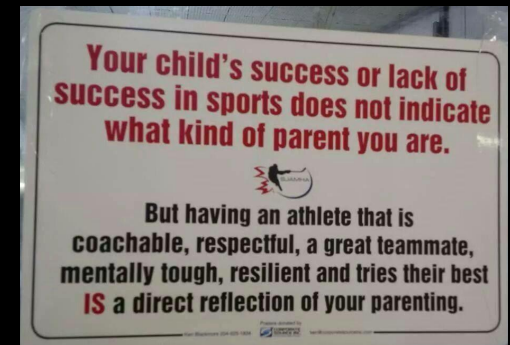
- Media credentials are governed by the NCHSAA and applications and background check paperwork can be found at the link below.
- All photographers, videographers, reporters, broadcasters must be approved through the NCHSAA before taking pictures, videos, and broadcasting at athletic events.
- Additionally all approved photographers, videographers, reporters, broadcasters must coordinate with the SPHS AD and Administration to be able gain field/ court sideline access.





Additional Website Links

- [Gaston County Schools Athletics Page](#)
- [County Athletic Director - Chad Duncan](#)
- [South Point High School Athletics Page](#)
- [Top 10 Rules Parents Of Athletes Should Follow](#)





Big Red Booster Club

- Supports all our athletic teams at SPHS
- Opportunities for parents to get involved
 - Leadership
 - Committees
 - Working projects and concessions
- www.bigredboosterclub.org

